



 **STUDENT Well-Being** by *sodexo*
Nutrition • Achievement • Environment • Community • Activity

Vision

Committed To Your Students' Health, Happiness and Success.

Well-Being Defined

While there are many definitions of well-being in use today, we have used our resources to articulate the best definition for Student Well-Being, the main purpose for all of our efforts. This definition serves as a guide for the current and future implementation of our various programs and services.

Student Well-Being: A state of health and success nurtured through an awareness of choices in nutrition, achievement, environment, community and activity.

Key Areas of Student Well-Being

Sodexo believes that there are five key areas that have the greatest impact on Student Well-Being. It is in these areas where our programs, services and strategic industry partnership are focused. These areas include:

Nutrition

Age-specific menus at breakfast and lunch, nutrition education, exhibition cooking, culinary celebrations, kids cooking events.

Achievement

Healthy habits programs, menu messages, staff training, elementary student lesson plans, classroom activities.

Environment

Smaller carbon footprint, green cleaning, less water/energy/waste, energy management, indoor air quality, school gardens.

Community

Backpack program, summer feeding, Read for the Record, support for local farmers and WMBE partners, STOP Hunger scholarships.

Activity

Tween and teen wellness messages, healthy tips from sports celebrities, organized wellness activities, educational materials.

Benefits of Sodexo's Student Well-Being Efforts:

- Better educated students in the areas of health and wellness.
- An enhanced portfolio of programs and services that are clearly aligned with the key areas of Student Well-Being, and that best meet the unique needs of your students and community.
- Additional support through Sodexo's strategic partnerships with leading national health and wellness organizations to ensure the most comprehensive programs and services for your students.
- A heightened emphasis on the key areas of Student Well-Being that matter most to your students and that will have the greatest impact on their health and success.