

PARTICIPANTS

*The Following teams have
been invited this year:*

ALBANY

South Albany HS
West Albany HS



POLK COUNTY

Dallas HS



EUGENE

South Eugene
North Eugene
Marist



SWEET HOME

Sweet Home HS



MARION COUNTY

Sprague Mckay
W. Salem McNary
N. Salem S. Salem



LEBANON

Lebanon HS



BENTON COUNTY

Corvallis HS
Crescent Valley HS
Philomath HS



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Making every day a better day



For more info, contact:
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Director of Nutrition Services
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Phone: 541-790-7650
Cell: 541-990-3406



**4th
ANNUAL**

"CHEFOLUTION"

**Willamette Valley
High School
Culinary Competition**

**"Elegance
on a Budget"**



Date: May 15, 2010

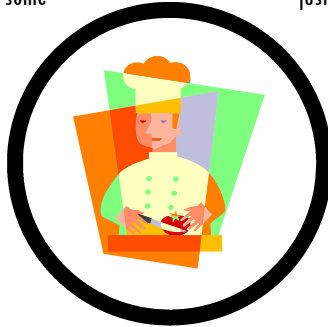
Time: 9am-2 pm

**South Eugene High School
400 E. 19th ave
Cafeteria**

BROUGHT TO YOU BY...

The same folks who brought you the 4J Elementary Culinary Competition! During the past six years, we've put on some great competitions for local elementary students. They had a taste of what it's like to be in a head-to-head competition, competing against kids from other schools across the District.

One of the most-asked questions We get each year is "when are you going to do something like this for the older kids?" So, we decided to move our popular High School competition down here to 4J. We used to host it up in Albany. We invite our neighbors from other school



Come See Talented High School Chefs!

districts! It's an opportunity for all of us to show that we do more than "just serve chicken nuggets!" We look forward to doing this each year. Hopefully there will be opportunities to rotate hosting this competition with other school districts in the future! **Each team can spend no more than \$100 on ingredients, making the competition truly an event that's "elegance on a budget!"** **HOPE TO SEE YOU THERE!**

*-Rick, Javier & Nicole
your Nutrition Services team*

JUDGING:

Three Judges from Each school district will be invited to participate as a Judge. Award Categories are as follows:

*Best Table Presentation
*Best Entrée, *Best Desert, *Team Spirit
*Food Safety Award
BACK THIS YEAR:
"Elegance on a Budget" Best of show award & "Healthy Creations" Award

ORDER OF EVENTS:

8:00 am: Chefs check in
9:00 am: Food Safety talk
9:15 am: Chefs go to work
12:15 pm: Judging starts
1:00 pm: Awards ceremony
2:00 pm: Closing remarks

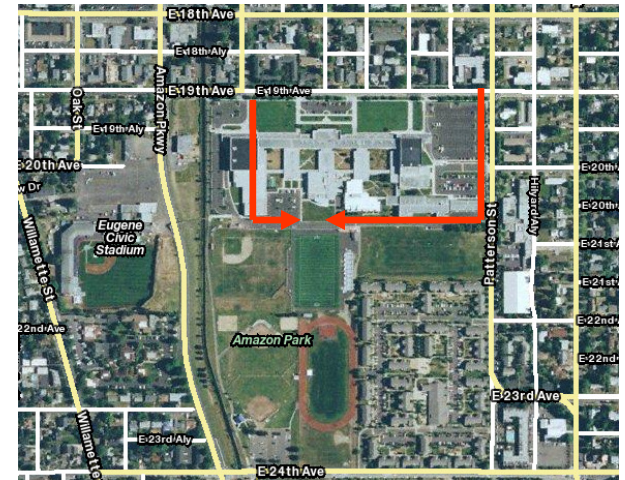
Special thanks:

MARKET OF CHOICE
Food for the Way You Live®

**Has agreed to SPONSOR OUR TEAMS
This year!**

Each team is given a \$50 gift card to spend at their store to purchase food for the competition. Baking it truly a "Elegance on a Budget" theme!

South Eugene High School 400 E. 19th ave



Come around to the BACK of the building!